Finally! There is a World Orthodontic Health day after all the secretary’s, boss’s, teacher’s and doctor’s day. Thanks to the Chair of the WFO Promotions committee, also the Immediate Past President of APOS, Dr Nikhilesh Vaid, who conceptualised the WOHD.

15th May – the day where there is global celebration of orthodontic care; hopefully will raise the public awareness of braces treatment by orthodontists.

After being in the APOS family for the past year, I’ve witnessed the camaraderie amongst the APOS members, the genuine concerns they have for each other, and the warm wishes extended to the members’ immediate family upon any celebrations. The intentional travel arrangements to show support to each other’s associations’ events is undeniably applaudable.

Indeed, concurring with our APOS President’s message that a meal tastes better in the company of friends, and that “the world unites when people smile”.

Dr SEOW Yian San
Editor-In-Chief
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PRESIDENT’S MESSAGE:
THE MEAL NEVER TASTED SO GOOD!

I write this article for the APOS Newsletter to encourage all fellows to connect and network with fellows from your home associations or better still fellows from other orthodontic associations and beyond.

Having travelled back from the AAO in San Diego and represented the APOS in the WFO breakfast meeting there, I realised something that friends and colleagues shared. We found that the meals we had and the scientific discussions we engaged in were far more satisfying when there was a group participation. And even better when the participants came from differing backgrounds.

As the President of the APOS, I am indeed humbled by the invitations I get from APOS associations to join their scientific meetings. I enjoy the scientific content and learn much from the presentations. I also enjoy going through the poster presentations in order to get a feel of the research and education being engaged in at a particular region.

But what I enjoy most at such meeting is the camaraderie - the meeting of old friends and the making of new. I enjoy the company of orthodontic colleagues from all over the world. We engage in conversations about the professional life we lead including practice protocols as well as the way we spend our time outside practice.

" But what I enjoy most at such meeting is the camaraderie - the meeting of old friends and the making of new. “

-DR. BRYCE

Dr Bryce LEE
President of Asian Pacific Orthodontic Society
(2016- 2018)

More social interaction and networking during the AOS Meeting in 2017
May I encourage you, as fellows of the APOS, to further engage yourselves at such meetings. Don’t just attend the lectures and then head back home or to your hotel room. Strike up conversations with your fellow professionals. You will learn so much more. Engage yourselves in the social events as well and have a meal with your colleagues. They may turn out to be your life-long friends.

For indeed with friends as company, the meals will always taste better. Share my friends - both the knowledge and the food. Our profession will benefit so much from this.
Dr. Ma. Laarni P. Serraon, past president of the APO, passed away at the age of 51 on March 21, 2017. Coming home from her last overseas trip, after attending the WIOC in London last September 2015, she was diagnosed with acute myelogenous leukemia. She waged a courageous and heart-strong battle against the illness for one and a half years, surrounded by the love and support of her family and friends whom she had generously loved and served; spiritually prepared with the Catholic religious tradition that she had faithfully lived and professed during her lifetime.

Her Orthodontic Path

Her interest in Orthodontics started early on, a few years after her graduation from dental school. In 1991, she trained under the preceptorship course of the late Dr. Luz Macapanpan, considered the pioneer of Orthodontics in the Philippines. Soon after, in 1993, she became one of the first few batches of students to enrol in the recently set up Graduate Program of Orthodontics in the University of the Philippines. In the course of her studies, she took special interest in the Multi-loop Archwire (MEAW) technique. In 1998, she left for the United States to train under Dr. Young Ho Kim, the originator of MEAW who was based in Weston, Massachusetts. She became one of the research associates of the MEAW Research Foundation and co-authored articles on “Evaluation of treatment stability of Openbite Cases treated with MEAW” and “Evaluation of treatment effects of Class II Cases treated with MEAW” published in the AJODO in 1999. She came back to practice in the Philippines and served as a professorial lecturer in the University of the Philippines from 2002-2010; became the Chair of the Graduate Program in Orthodontics of the Manila Central University from 2010-2012 and then as Professor and Clinical Instructor in Centro Escolar University from 2013 until the onset of her illness in 2015.
Her Smile, Her Voice and Kind Demeanour

Laarni is fondly remembered for her ever-welcoming smile, her golden voice and her gentle and kind demeanour. She served the APO as an officer since 1998 as a director and became the president of APO from 2013-2014. Her serene and calm personality helped tide the APO through many unexpected challenges. It was during APO's 8th National Congress that she chaired in August, 2012 that torrential rains flooded the streets of Manila. She tirelessly and calmly worked through all the arrangements to make it the most attended national congress of APO to date. A week before APO's 9th Regional Congress in Panglao, Bohol, and a devastating earthquake hit that offshore island designated to be the venue of the event, including the APOS' face-to-face annual executive meeting. She had to swing around the whole event in a weeks’ time from all the previous arrangements in Bohol to the City of Manila. Under her leadership, with gratitude to the help of the entire APO team and the warm support of the entire APOS executive committee, everything turned out well. We also remember at this point, that it was during her term that APO won the bid to host the 11th Asian Pacific Orthodontic Congress in Boracay, Philippines this coming March 2018.

She had spent a great part of her life pursuing her passion for Orthodontics, serving her patients and students to the best of her abilities, totally dedicated to her duties and responsibilities in the service of her mother organization, the APO and furthering ties with the entire APOS community with her signature “ grace and good cheer”.

We have lost her in our midst but we will forever cherish her in our hearts!
The annual scientific session of the AAO was held from April 21-25, 2017 at the San Diego Convention Centre. The format for the session was slightly tweaked with presentations lasting no more than 20 to 30 minutes. This provides delegates with a program which involved more speakers from all around the world with a more varied scientific topics.

The APOS was represented by an unprecedented number of Executive Committee members including Bryce Lee (President), Zhou Yanheng (Vice-President), Nikhil Vaid (Immediate Past-President), Past Presidents Somchai Satravaha and Loh Kai Woh, and ECMs Chng Chai Kiat (AOS), Mike Razza (ASO), Keiji Moriyama (JOS), Baek Seung Hak (KAO), Prashant Zaveri (NZAO), Wei Lin (MacAO), Mubassar Fida (PAO), Eric Liou (TAO). Also present were affiliate Presidents Martin Reyes (APO), Peter Lewis (ASO), Kyung Hee Moon (KAO), Johnson Cheng (TAO), and Chairat Charoenratrote (ThaAO).

An update of the activities was presented to us at the WFO breakfast meeting. Of note was Designating May 15, 2017 (WFO’s charters were signed in San Francisco on May 15, 1995) as the 1st World Orthodontic Health Day (WOHD), and this was to be celebrated every year thereafter. All WFO fellows are encouraged to disseminate this information to create public awareness that orthodontists help to create beautiful smiles and “The world unites when people smile”. APOS encourages its members to launch the campaign by posting the WFO’s posters created for this WOHD as their Facebook status on May 15, 2017.

“THE WORLD UNITES WHEN PEOPLE SMILE.”
The city of Rio de Janeiro, Brazil was also chosen to be the host of the 2025 WFO IOC.

The Korean Association of Orthodontists and the Taiwan Association of Orthodontists also had a lunch and dinner reception respectively. Both affairs were well represented by APOS members and fellows as well as guests from the WFO.

The scientific program was very engaging and APOS fellows including Drs Nikhilesh Vaid, Eric Liou, Loh Kai Woh, Chng Chai Kiat, Joe Varghese, Prashant Zaveri, Zhou Yanheng and Somchai Satravaha contributed to the program as invited speakers.

It can be said that AAO Annual Session is the biggest gathering of orthodontists and orthodontic manufacturers from all parts of the world. It provides not only the opportunities to learn and share scientific knowledge but also opportunities to reunite with old friends as well as getting to make new friends.
1ST WORLD ORTHODONTIC HEALTH DAY

STORY: DR NIKHILESH R VAID

The WORLD ORTHODONTIC HEALTH DAY was announced by the WFO on 23rd April 2017 at the WFO President’s Breakfast in San Diego. 15th of May will be celebrated as the WOHD every year from 2017. This day was chosen as it is the charter signing day of the WFO. In 1995, the WFO Charter was signed in San Francisco, USA. World Orthodontic Health Day is designed to tie the WFO’s past and future together.

The affiliate organisations were encouraged to plan activities on this day with their membership and all fellows were encouraged to celebrate the WOHD as a global festival of "Orthodontic care". The activities were promotional or scientific in nature. Dr Allan Thom stated that the WFO Promotions Committee coordinated with national and regional orthodontic societies to announce this special day. He encouraged all WFO fellows to plan activities in their offices to promote the importance of orthodontic care.

The Asian Pacific Orthodontic Society, which is a constituent of the WFO, fully supported this initiative. The Chair of the WFO Promotions committee is Dr Nikhilesh Vaid, Immediate Past President of APOS, who conceptualised the WOHD. Dr Yan Heng Zhou the current APOS Vice President and Dr Ricardo Cruz from Brazil are members of the WFO Promotions Committee. A special World Orthodontic Logo has been designed to identify the WOHD. Three posters were created for this year’s WOHD. These can be accessed at http://www.wfo.org/about-wfo/world-orthodontic-health-day/. The online marketing of the day was a huge success. Many fellows of the WFO and APOS changed their Facebook profiles to express support towards the WOHD.

All fellows were encouraged to celebrate the WOHD as a global festival of "Orthodontic care".

The APOS President -Dr Bryce Lee, the ODOAN President - Dr Prakash Bhattarai and the WFO Promotions Committee Chair - Dr Nikhilesh Vaid at the Orthodontic Health Run in Kathmandu.
WOHD Nepal:
More than 100 participants marched in the WOHD Health Run in Kathmandu, Nepal. ODOAN members and delegates from APOS constituent societies participated in the run.

WOHD India:
Orthodontists in Bhubaneshwar, India celebrate WOHD with a traditional Indian Rangoli.

WOHD Bangladesh:
The Bangladesh Orthodontic Society and the Dhaka Dental College celebrated the WOHD in Dhaka.

WOHD Pakistan:
The PAO members celebrated the WOHD in Lahore.
ThaAO CONFERENCE 2017: Story. Dr Tanan Jaruprakorn

Master Shares, New Generation Shines on Ortho Stage

11-12 May 2017

Thailand – Thai Association of Orthodontists recently had the 1/2017 scientific meeting on May 11-12, 2017 at World Ballroom, Centara Grand at Central World, Bangkok. The theme was “Master Shares, New Gen Shines on Ortho Stage” with Dr Eric Liou as the keynote speaker.

There were 400 registrants and 30 exhibitors participating. ThaAO was also delighted to welcome Dr Arthur Lim, AOS past president and Dr William Choi, International Affair Officer of TAO.
APOC 2018: Boracay gears up to host the APOS family in 2018

Story: Dr. Nihilesh R Vaid

The 11th APOC will be held in Boracay, Philippines from the 4th - 7th of March, 2017. Organized by the Asian Pacific Orthodontic Society and hosted by the Association of Philippine Orthodontists, the event promises to be an eclectic mix of scientific exchange, fraternal interactions and social events on Boracay’s white sand and blue sea pristine beaches. The President of the APO, Dr Martin Reyes, states that “the event will be a convention to remember for a long time”. The organizing chair, Dr Jose Manual Rivera is expecting 800-1000 delegates from all across Asia Pacific & Beyond. The speaker line up boasts of Prof Ravindra Nanda, Prof Peter Ngan, Prof Young Guk Park and a host of other Asian and global luminaries. Dr Allan Thom, the WFO President will be the Chief Guest at the Inaugural function. Dr Bryce Lee, President Asian Pacific Orthodontic Society, adds “The 2nd APOS Residents Forum will be held on the 4th of March in Boracay. This is the first time a residents forum is being organised alongside the APOC. We expect 100 residents from around the globe to present their work, and socially interact with each other. The congress will award the best presentations".
In a unique initiative, the congress and the APOS have an "outreach partner", the Boracay National High School, who will be receiving donations from the conference profits. The APOS President Dr Bryce Lee, the Secretary General Dr Roberto Tan, Congress Chair Dr Jose Reviera and the Immediate Past President of APOS and the WFO ECM from Central & East Asia, Dr Nikhilesh Vaid visited the school during a site visit to Boracay in March 2017. The Asian Pacific Orthodontic Society invites colleagues from across the world to mark their calendars for this event. Boracay is an island city that can be accessed via flights to Caticlan. Delegates need to fly to Manila and then book domestic flights to Caticlan.
The Association of Philippine Orthodontists (APO) launched the registration of the 11th Asian Pacific Orthodontic Congress or APOC 2018 during the 108th Philippine Dental Association Convention held at the SMX Convention Center last April 30 to May 5, 2017.

APOC 2018 was actively promoted in all APO sponsored lectures throughout the PDA Convention and a booth (#63) was set up at the Trade Exhibition Hall to accept registration payments for the congress. More than a hundred local delegates and students took advantage of the APOC 2018 Early Bird Congress Rates Promo with an additional 10% discount and staggered payment schemes given only during the PDA Convention. The APOC 2018 was also promoted in the PDA Souvenir Program with a full-page ad (10,000 copies were printed) and flyers were inserted in the congress bags (6,000 copies were distributed). Brochures (3,000 copies) were also distributed to the delegates throughout the convention. The APOC 2018 organizing committee took this opportunity to also network with potential sponsors and trade exhibitors.

The APOC 2018 website also started accepting online payments for registration beginning May 1, 2017. Mailshots have been sent out to our target participants and APOC 2018 has also been actively promoted in social media. After a successful local launch during the PDA, APOC 2018 now gears its efforts to attract international delegates through its online promotions and assistance from the 18 member countries of the Asian Pacific Orthodontic Congress (APOS) headed by their able President Dr. Bryce Lee.

Dr. Jose Manuel Rivera
Organizing Committee Chairman, APOC 2018
A Landmark Success

The ODOAN (Orthodontic and Dentofacial orthopaedic Association of Nepal) has successfully organized 2nd SAARC orthodontic conference and 7th ODOAN International conference on May 16 and 17, 2017 at Kathmandu, Nepal. The conference was held at Majestic Hotel Yak and Yeti.

The conference was a landmark success in the history of any speciality dental conference held in Nepal. There were more than 200 participants from home and abroad. The 2-day conference was coincided to mark the world orthodontic health day (WOHD), 15th May as declared by WFO. The conference started with the grand celebration of WOHD. On the morning of 15th May, all the international and national delegates as well as post graduate students took part in Walkathon organized by ODOAN and WFO. WOHD T-shirts, caps and banners were distributed to the walkathoners. APOS President, Dr Bryce Lee, WFO Executive Dr Nikhilesh Vaid, TAO President, Dr Johnson Cheng, IOS President Elect Dr Shailesh Deshmukh, TAO VP Dr Spinx Lu, TAO past president Dr Johnny Liaw, HKSO ECM Dr Wilson Lee as well many other dignitaries took part in the walkathon.

At the end of the Walkathon, ODOAN President Dr Prakash Bhattarai and WFO executive Dr Nikhilesh Vaid thanked all the participants for making the event successful and vowed to work together in the future too. This event was covered in Nepalese television channel and paper media too.

Pre-Conference Courses

Two pre-conference courses on fixed functional appliance and ABO guideline for orthodontic case finishing were conducted on the same day. The course faculties were Dr Chetan Jayade and Dr William Choi respectively.
CONFERENCE

LECTURES AND POSTER

The conference started on the morning of 16\textsuperscript{th} May inaugurated jointly by Science Minister of Nepal and APOS President. A total 42 scientific lectures were delivered and 10 posters were presented. APOS past Presidents, SLOS President, ECM and members, ThaAO President and members, KAO Vice President, BOS treasurer and members as well members of JOS, APO, IOS, MAO, HKSO, TAO, COS and AOS were present during the conference. Best Oral and Poster presentation was awarded on the competitive category for the Post-Graduate students.

ODOAN President Dr Prakash Bhattarai and ECM for APOS Dr Dashrath Kafle would like to thank all the international friends from APOS, ODOAN members, Students and sponsors for showering love and support to ODOAN.

CONGRATULATIONS!

Dr Pradeep Tandon  Professor and Head Department of Orthodontics and Dentofacial Orthopaedics, Faculty of Dental Sciences, King George’s Medical University, U.P. Lucknow , India has been awarded Prestigious Dr. B.C. Roy National Award 2016 to recognize the best talents in encouraging the Development of Specialities in different branches in Medicine. The award was given by Sh. Pranab Mukherjee Hon’ble President of India on 28th March 2017. He’s the first orthodontist from India to get this award
**CALCULO OF EVENTS**

- **Indian Orthodontic Society : PG Orientation Program**  
  Jul-Sep 2017 @ Indore, Cochin, Shirdi & Chandigarh

- **Association of Philippine Orthodontists: Summer Regional Scientific Conference**  
  Aug 2017 * Open to both APO & Non-APO Members

- **Pakistan Association of Orthodontists: 5th Pakistan International Orthodontic Conference**  
  14-16 Sep 2017 @ Lahore, Pakistan

- **Chinese Orthodontic Society: 2017 China International Orthodontic Conference & 16th Annual Meeting of Chinese Orthodontic Society**  
  17-21 Sep 2017 @ National Exhibition & Convention Centre (Shanghai)

- **Indian Orthodontic Society: TYPODONT Workshop (Three)**  
  Sep-Oct 2017 @ Lucknow Hyderabad, Bangalore

- **Japanese Orthodontic Society: 76th Annual Meeting**  
  18-20 Oct 2017 @ Sapporo Japan

- **Indonesian Association of Orthodontists: 10th IAO Congress and 12th IAO Annual Meeting**  
  19-21 Oct 2017 @ Adimulia Hotel, Medan, Indonesia

- **Korean Association of Orthodontists: 50th Annual Scientific Congress**  
  28-30 Oct 2017 @ Gwangju, Korea
Bangladesh Orthodontic Society: 3rd International & 5th National Orthodontic Conference of Bangladesh Orthodontic Society
10-11 Nov 2017 @ Lahore, Pakistan
Contact: Dr Zakir Hossain @ hossainzortho@yahoo.com

• Taiwan Association of Orthodontists: 2017 TAO 30th Anniversary
  9-10 Dec 2017 @ Kaohsiung Exhibition Center

Sri Lanka Orthodontic Society Conference 2018
20-21 Jan 2018 Colombo, Sri Lanka

• ASIAN PACIFIC ORTHODONTIC SOCIETY & ASSOCIATION OF PHILIPPINE ORTHODONTISTS: 11th ASIAN PACIFIC ORTHODONTIC CONFERENCE & 11TH APO BIENNIAL NATIONAL ORTHODONTIC CONGRESS
  5 - 7 Mar 2018 @ Boracay, Philippines

• Australian Society of Orthodontists:
  26th Australian Orthodontic Congress
  9-12 Mar 2018 Sydney, Australia

Association of Orthodontists (Singapore):
AOSC 2019
22-24 Feb 2019 Marina Bay Sands, Singapore